

Review:

Lesson 1: Whom God Blesses

Lesson 2: Salt & Light

Lesson 3: Law in 3D (Pt. 1)

Lesson 4: Law in 3D (Pt. 2)

Lesson 5: Heart for Performance

Lesson 6: Pray Like This

Lesson 7: Spiritual Perspective

Worldly Worries

Matthew 6:25-34

The more our perspective shifts from the material to the spiritual, the less anxiety we have about what is coming around the corner in this life. We may not know what the future holds, but we know _____ holds the _____.

Discussion 1. When you think about your future, or the future of your family, or the future of your community or country, are you more afraid or more content? Why? How does knowing and following Christ change that?

I can either rely on my worrying to fulfill my physical needs or I can leave them in the hands of the God who _____ the _____.

Discussion 2. Studies show that people who spend meaningful amounts of time outside in nature have less anxiety. Does this passage give any insights into why that may be? Have you found it to be true for yourself?

The more we experience the _____ of _____, the more we want to live our lives in a way that points others toward it as well. Obsessing and stressing over material possessions is the opposite of that calling.

Discussion 3. Is it wrong for a Christ follower to have and to pursue preferences about what we eat or what we wear? If not, then at what point does that concern become wrong? At what point is it a bad testimony for us?

Jesus was largely present-oriented, not dwelling on the past and not obsessing over the future. His call to his followers is likewise to be _____, seeking God's kingdom first and foremost.

Discussion 4. Do you tend to be more past-oriented, future-oriented or present-oriented? What disciplines have helped you be fully present in the moment?