

Review:

Lesson 1: The Family of God

Lesson 2: Eyes to See

Lesson 3: Our Story

Lesson 4: Overcoming Division

Lesson 5: The Great Mystery

Lesson 6: Assessing Our Theology

Lesson 7: Christian Unity

Lesson 8: More Like Jesus

What Not to Wear Ephesians 4:17-32

As a Christ follower, it is helpful for me to remember my life before Jesus; not with any longing to go back, but as a clear reminder of what I am being _____

Discussion 1. Can you recall one “bad thing” from your life before Christ which you have been transformed away from as a Christ follower? Was your transformation away from that thing sudden or gradual? Was it difficult or easy?

For the Christ follower, putting off the old life and putting on the new is not so much a matter of will power nor personal fortitude as it is resting in Christ and allowing _____ in His time to continue transforming us.

Discussion 2. For you, what is the real difference between trying to live righteously in your own strength and resting in Christ and allowing Him to give you the strength to do it? How would you describe that distinction to a 6-year-old?

When, in my heart, I use my words to tear someone down rather than helping them or building them up, I am taking a step _____ (or, at the least, taking a pause) in my spiritual transformation and I am signaling as much to everyone listening.

Discussion 3. What are the times or circumstances when you are most likely to use your words (either spoken or written) to be tearing others down? What might a next step look like for you to allow God’s Spirit to take control over those times or circumstances?

When we are living in line with God’s Spirit in us, our character will not be marked by bitterness and anger; it will be marked by a _____ which makes no sense at all to the rest of the world.

Discussion 4. For you, do you forgive in order to NOT be bitter or angry, or do you first get rid of bitterness and anger in order to forgive? Which comes first? Is it the same every time or does it depend on the situation?